Program culture and environmental supports in school-based parenting programs lead to greater efficacy in parenting roles and occupations for teen mothers.

**Background**
- Teen mothers often have difficulty accessing resources such as prenatal care, childcare, family planning services, and parenting education.
- Teen mothers must balance existing teenage and student occupations with novel parenting occupations including child safety, child development, and behavior management.

**Methods**

**Phenomenological Approach**

- **Semi-Structured Interviews**
  - Students and alumni (n=18)
- **Transcription**
- **Thematic Analysis**
- **Member Checking**

**Implications for Occupational Therapy**
- School-based parenting programs can improve parenting occupational performance.
- School-based parenting programs are an emerging area of practice for OTPs.
- OTPs can holistically support teen mothers navigate new parenting occupations and their responsibilities as students.
- Understanding the dual roles and lived-experiences of teen mothers is essential for OTPs to support outcomes of students in these programs.

**Future of Occupational Science**
- This research furthers the evidence for OTPs’ involvement in school-based parenting programs.
- Occupational scientists have a critical role in researching innovative occupation-based interventions to support teen mothers in their dual roles.

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